

We realise that during lockdown many of members of our community will want to benefit from the opportunity to reflect and pray in the tranquil and quiet space of Sindhi Mandir's Satsang Hall. Lockdown has been relaxed slightly to allow private prayer in places of worship. You are welcome to attend Sindhi Mandir for **private prayer** from Wednesday 24th June, by **prior appointment** either by telephone (0208 450 1341) or email (emailadmin@sindhimandir.org). You are welcome to attend along with **upto five members of SAME household for a maximum of one hour**.

To help us to comply with UK Government guidelines, and to ensure that our visitors, volunteers and staff remain safe and well, visitors are asked to read and adhere to the following rules. Volunteers and Trustees will be happy to guide you if you have any questions.

- **Please do not visit the Mandir if**
 - **You or any members of your household are unwell with any of the Covid-19 symptoms** (please seek medical help immediately and follow social distancing rules, and do not visit the Mandir).
 - **You are self-isolating or have been recently diagnosed with Covid-19**
 - **You or anyone else living in your household received an NHS letter confirming you're classified as an extremely vulnerable person and should stay inside (known as 'shielding').**

- **During your visit please maintain social distancing of two metres from Mandir volunteers and staff.** Floor markings are in place to help you with this. Please remain within the floor markings, beginning at the entrance. Please sit only at the marked locations in the Satsang Hall.
- Please do not arrive without first making an appointment by telephone or email.
- You will be asked to register your names and contact details upon arrival, and this information may be shared with NHS Test and Trace services should it become necessary to do so in the future.
- When you visit, please arrive on time, and enter from the car park entrance. Other entrances will remain locked. If you arrive late you may be asked to remain in the car park until other visitors have left.
- Please wash your hands with soap and water using the facilities provided as soon as you arrive.
- Please use a face covering if you are able to do so.
- Please remember to use the sanitiser provided in the shoe room whenever you handle your shoes.
- No food or drink will be served or consumed.
- A 'household' consists of people who live in the same home on a day-to-day basis.
- Only one household will be able to remain in the building at any one time.
- These arrangements are for private prayer only. For the time being, Mandir is not open to the public for any congregational services e.g. Kirtan and Daily Aarti, but you can continue to enjoy these online. Since our community relies on volunteers to help conduct congregational events, a small group of trained volunteers will be enlisted to support these events.

We are hopeful that in future further relaxation of rules will gradually allow a return to normality. We will keep you informed of any changes in our activities. Meanwhile, we thank you for your support and seek your blessings for the welfare of the community and the humanity at large.